

# THE HEALER

## PERSONAL REFLECTION GUIDE



### WEEK 2

Spend time setting aside the burdens of the day—perhaps by slowing your breath—inviting God into this time. Begin by asking God to help you be more real with yourself and with him during this time. When you ponder the Roman centurion, what elements of his faith challenge or inspire you? What would your life look like to have a level of faith like that? Ask God to reveal what ultimate confidence in Jesus might look like, especially in the context of your prayers that God doesn't answer in the way that you might want or hope.

Now imagine someone who has been healed by God not telling others about their healing. In what ways have you perhaps hidden the healing God has done in your life? Ask God to reveal new ways where you can tell others of the good things he has done for you (remember that God never shames us, so reject any feelings of shame; rather, accept his challenge as specific things come to mind). Thank him for the healing he has done in your life. How could sharing your story with others inspire you to pray again for additional healing? Journal your thoughts below, sharing them with the group if you feel comfortable.