

# THE HEALER

## PERSONAL REFLECTION GUIDE



### WEEK 5

Spend a few minutes laying down any burdens from your day, inviting God into this time. As you think about God's will for your healing, what feelings surface? Spend a minute or two writing these down in the space below. What do these feelings reveal about what you trust to be true about God? As you consider this, confess those times when you have asked (or even demanded) God to provide an explanation for any suffering you may have experienced while waiting for him. Ask him to reveal his presence during those times; ask him, also, for a greater awareness of his presence in any current suffering you may be experiencing. Write down your reflections in the space below, sharing with your group if you feel comfortable.