

THE HEALER

DISCUSSION QUESTIONS



WEEK 6

1. **PERSONAL REFLECTION:** Begin group time by completing the Personal Reflection Guide, found on the sermon notes. Use this time to process your view of God's love for you. (Tip: playing some soft background music is helpful here!)
2. **REAL WITH SELF:** Which of the following areas of healing do you find it hardest to embrace, and why do you think that is? Social: I can do it on my own and don't need help; Spiritual: I never consider the spiritual component; Psychological: I am reluctant to seek help for my thoughts and feelings; Biological: I am generally opposed to medication for mental health.
3. **REAL WITH GOD:** Read Matthew 22:36-40 NLT. We learn to change our feelings by learning to love God with all of our heart; we learn to change our thoughts by learning to love God with all of our mind; we learn to change our spirit by learning to love God with all of our soul. Which of these areas needs the most attention from you right now? How might your life be different if you experienced change in this area?
4. **REAL WITH OTHERS:** Read Mark 5:18-20 NLT. What would it look like to tell others in your life about the healing that Jesus has done for you? What kinds of obstacles prevent you from sharing more?
5. **REAL WITH OTHERS:** Jesus is not intimidated when someone's life is messy. Who in your life can you show Jesus' love for by "seeing" them, moving towards them, and offering a hand? What practical steps can you take, and how might that affect them (and you)?
6. **TAKE ACTION:** Does anyone in your group need prayer right now? Perhaps for them, perhaps for a family member? Spend time asking God for healing right now.