



THE HEALER

MESSAGE NOTES

WEEK 6 - HOW JESUS HEALS MENTAL ILLNESS

They came to the other side of the sea, to the country of the Gerasenes. And when Jesus had stepped out of the boat, immediately there met him out of the tombs a man with an unclean spirit. He lived among the tombs. And no one could bind him anymore, not even with a chain, for he had often been bound with shackles and chains, but he wrenched the chains apart, and he broke the shackles in pieces. No one had the strength to subdue him. Night and day among the tombs and on the mountains he was always crying out and cutting himself with stones. And when he saw Jesus from afar, he ran and fell down before him. And crying out with a loud voice, he said, "What have you to do with me, Jesus, Son of the Most High God? I adjure you by God, do not torment me." For he was saying to him, "Come out of the man, you unclean spirit!" And Jesus asked him, "What is your name?" He replied, "My name is Legion, for we are many." And he begged him earnestly not to send them out of the country. Now a great herd of pigs was feeding there on the hillside, and they begged him, saying, "Send us to the pigs; let us enter them." So he gave them permission. And the unclean spirits came out and entered the pigs; and the herd, numbering about two thousand, rushed down the steep bank into the sea and drowned in the sea. The herdsmen fled and told it in the city and in the country. And people came to see what it was that had happened. And they came to Jesus and saw the demon-possessed man, the one who had had the legion, sitting there, clothed and in his right mind, and they were afraid. And those who had seen it described to them what had happened to the demon-possessed man and to the pigs. And they began to beg Jesus to depart from their region. As he was getting into the boat, the man who had been possessed with demons begged him that he might be with him. And he did not permit him but said to him, "Go home to your friends and tell them how much the Lord has done for you, and how he has had mercy on you." And he went away and began to proclaim in the Decapolis how much Jesus had done for him, and everyone marveled. MARK 5:1-20 ESV

JESUS HEALS MENTAL ILLNESS BY: NOT BEING AFRAID TO DEAL WITH IT

And you will know the truth, and the truth will set you free. JOHN 8:32 NLT
Identifying the specific problem

And Jesus asked him, “What is your name?” ... MARK 5:9 ESV

Identify the right problem, so you can identify the correct solution.

REVEALING THE COMPLEXITY OF MY ILLNESS

And Jesus asked him, “What is your name?” He replied, “My name is Legion, for we are many.”
MARK 5:9 ESV

FOUR MAIN CONTRIBUTORS TO MENTAL ILLNESS:

- **SOCIAL**

He lived among the tombs... MARK 5:3 ESV

- **SPIRITUAL**

And when Jesus had stepped out of the boat, immediately there met him out of the tombs a man with an unclean spirit. MARK 5:2 ESV

- **PSYCHOLOGICAL**

And they came to Jesus and saw the demon-possessed man, the one who had had the legion, sitting there, clothed and in his right mind, and they were afraid. MARK 5:15 ESV

- **BIOLOGICAL**

Offering complete healing with one command

“Teacher, which is the great commandment in the Law?” And he said to him, “You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets.” MATTHEW 22:36-40 ESV