

# THE HEALER

## DISCUSSION QUESTIONS



### WEEK 7

1. **PERSONAL REFLECTION:** Begin group time by completing the Personal Reflection Guide, found on the sermon notes. Use this time to process your own experiences in trusting God. (Tip: playing some soft background music is helpful here!)
2. **REAL WITH SELF:** When we elevate things or people too highly, we only end up disappointed. Is there another “well” that you keep going back to for fulfillment: career, family, friends? How has that affected you in the short and long term?
3. **SELF:** As you look at the different aspects of your life, to what extent does your happiness depend on what’s around you rather than what’s within you?
4. **REAL WITH GOD:** We’ve all been hurt by people and can tend to place some degree of blame on God as a result. As you consider the importance that God is Spirit (and not human), how can that radically affect your ability to trust him?
5. **REAL WITH OTHERS:** Oftentimes when we’re hurt by someone, we can tend to internalize the pain, thinking that there must be something wrong with us—and then, like the woman at the well, we isolate ourselves from others. How could things be different if you were to trust Jesus with your relational wounds? What would that look like?
6. **TAKE ACTION:** Read John 4:10 NLT. When you consider Jesus as the source of real life, what hurts do you need to empty yourself of? Sin? Bitterness? Anger or rage? Feeling overlooked? Being lied to? What steps can you take this week to surrender these things to Jesus?