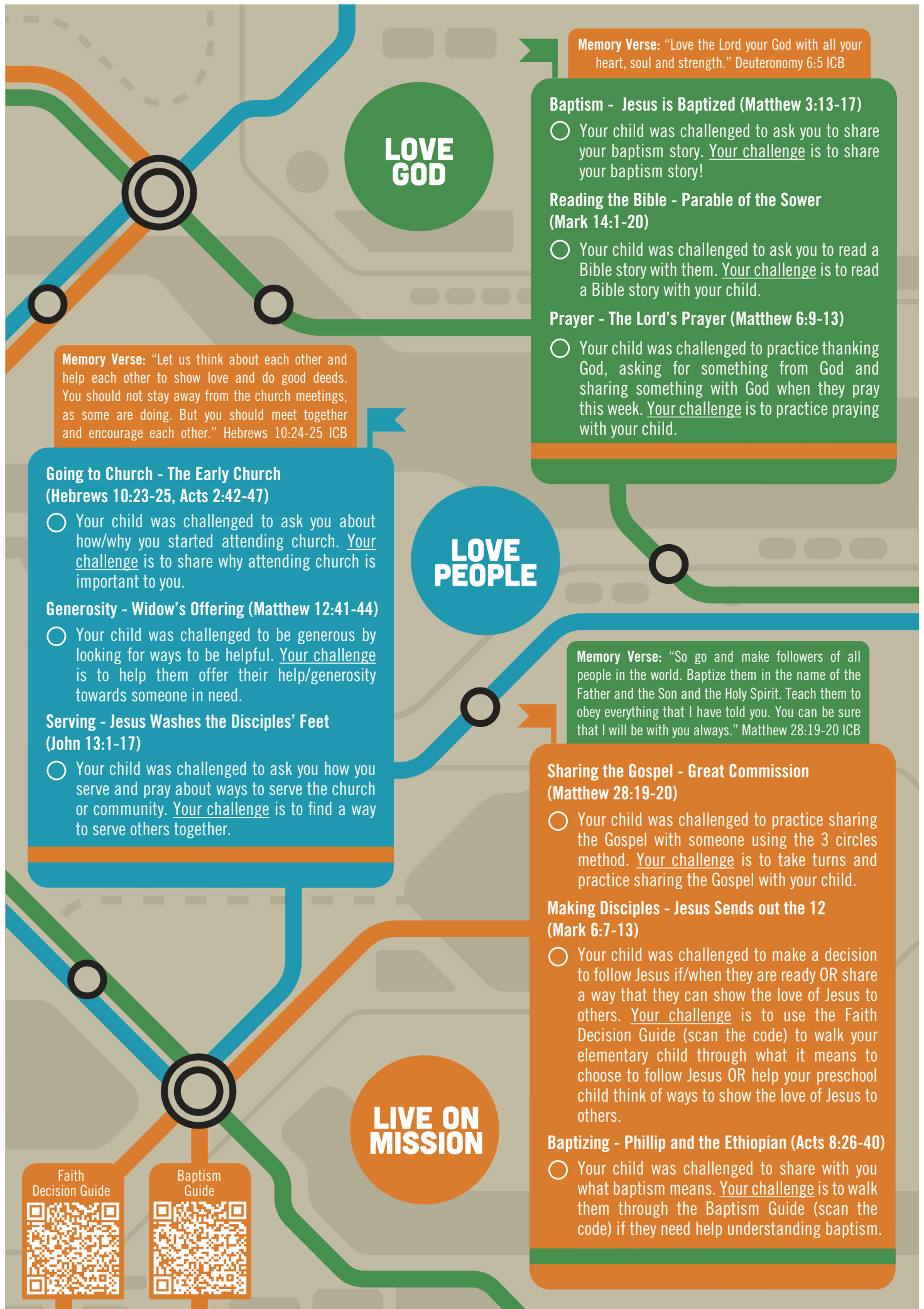


# ESSENTIALS

of following Jesus.

## FAMILY CHALLENGE

Hi Parents! As part of the Essentials series, you and your child are invited to participate in weekly discipleship challenges! As you both learn about what it means to be a disciple of Jesus, our hope is that these challenges help you as a parent to embrace your role as the primary discipler of your child. As you begin to create spiritual rhythms in your home, we hope these challenges spark your creativity and create moments of connection with your child that will last beyond this series!



CELEBRATE! Congratulations on completing the Essentials Family Challenge! Celebrate together by going out for ice cream, having a family movie night or spending the day together at your favorite outdoor spot. Reflect on what you have learned through the Essentials series and chat with your child about their favorite moments and share your favorites too! Take a photo and tag us @sandalskids to share your celebration with us!