



MY NAME IS: _____



HELLO!

We are so glad you are joining us to talk about the Essentials of following Jesus!

Over the next 9 weeks, you will earn a sticker for every essential you learn about, so make sure you don't miss being here!

Along the way, you can use this book to write down your thoughts, draw pictures, create art, and more! Now, let's get to those essentials!

Love,
Sandals Church Kids

LOVE GOD

Week 1 - Baptism

Week 2 - Reading the Bible

Week 3 - Prayer

LOVE PEOPLE

Week 4 - Going to Church

Week 5 - Generosity

Week 6 - Serving

LIVE ON MISSION

Week 7 - Sharing the Gospel

Week 8 - Making Disciples

Week 9 - Baptizing Others

LOVE GOD



BAPTISM

“Love the Lord your God with all your heart, soul and strength.”

Deuteronomy 6:5 ICB

slap your
sticker
here!

free
space for
creativity!

Jesus is Baptized (Matthew 3:13-17)

Challenge: Ask your mom/dad/grown up about their baptism story!

slap your
sticker
here!

READING THE BIBLE

“Love the Lord your God with all your heart, soul and strength.”

Deuteronomy 6:5 ICB

free
space for
creativity!

Parable of the Sower (Mark 14:1-20)

Challenge: Choose a Bible story to read with your mom/dad/grown up!

The One Thing: When I choose to follow Jesus, I choose to read the Bible!

WEEK
two

PRAYER

“Love the Lord your God with all your heart, soul and strength.”

Deuteronomy 6:5 ICB

slap your
sticker
here!

free
space for
creativity!

The Lord's Prayer (Matthew 6:9-13)

- **Challenge:** Practice thanking God, asking for something from God and sharing something with God when you pray this week!

LOVE PEOPLE



GOING TO CHURCH

slap your sticker here!

“Let us think about each other and help each other to show love and do good deeds. You should not stay away from the church meetings, as some are doing. But you should meet together and encourage each other.”

Hebrews 10:24-25 ICB

free space for creativity!

The Early Church (Hebrews 10:23-25, Acts 2:42-47)

Challenge: Ask your mom/dad/grown up how and why they started going to church!

slap your
sticker
here!

GENEROSITY

“Let us think about each other and help each other to show love and do good deeds. You should not stay away from the church meetings, as some are doing. But you should meet together and encourage each other.”

Hebrews 10:24-25 ICB

free
space for
creativity!

Widow's Offering (Matthew 12:41-44)

Challenge: Be generous this week by asking someone how you can be helpful to them!

The One Thing: When I choose to follow Jesus, I choose to be generous!

WEEK
five

SERVING

“Let us think about each other and help each other to show love and do good deeds. You should not stay away from the church meetings, as some are doing. But you should meet together and encourage each other.”

Hebrews 10:24-25 ICB

slap your
sticker
here!

free
space for
creativity!

Jesus Washes the Disciples' Feet (John 13:1-17)

- **Challenge:** Ask your mom/dad/grown up how they serve and pray about ways you can serve at church or in your community!

LIVE ON MISSION



SHARING THE GOSPEL

slap your
sticker
here!

“So go and make followers of all people in the world. Baptize them in the name of the Father and the Son and the Holy Spirit. Teach them to obey everything that I have told you. You can be sure that I will be with you always. I will continue with you until the end of the world.”

Matthew 28:19-20 ICB

free
space for
creativity!

Great Commission (Matthew 28:19-20)

- **Challenge:** Practice sharing the Gospel with someone this week using the 3-circle method!

slap your
sticker
here!

MAKING DISCIPLES

“So go and make followers of all people in the world. Baptize them in the name of the Father and the Son and the Holy Spirit. Teach them to obey everything that I have told you. You can be sure that I will be with you always. I will continue with you until the end of the world.”

Matthew 28:19-20 ICB

free
space for
creativity!

Jesus Sends out the 12 (Mark 6:7-13)



Challenge: Are YOU ready to make a decision to follow Jesus? Write or draw the reasons why you want to (or have already chosen) to follow Jesus OR write or draw all the ways you might share Jesus' love with others!

The One Thing: When I choose to follow Jesus, I choose to make disciples!

WEEK
eight

BAPTIZING OTHERS

slap your
sticker
here!

“So go and make followers of all people in the world. Baptize them in the name of the Father and the Son and the Holy Spirit. Teach them to obey everything that I have told you. You can be sure that I will be with you always. I will continue with you until the end of the world.”

Matthew 28:19-20 ICB

free
space for
creativity!

Phillip and the Ethiopian (Acts 8:26-40)

Challenge: Share with your mom/dad/grown up what baptism means!

**WOW, GOOD JOB
ON KNOWING THE
ESSENTIALS!**



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CHURCH
KIDS



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