

THE R.E.A.L. BIBLE STUDY METHOD



R - Read the Passage E - Explore What it Means
A - Ask God L - Live it Out

1ST SAMUEL 17:4-11

The Philistines had a champion fighter named Goliath. He was from Gath. He was about nine feet four inches tall. He came out of the Philistine camp. He had a bronze helmet on his head. And he wore a coat of scale armor. It was made of bronze and weighed about 125 pounds. He wore bronze protectors on his legs. And he had a small spear of bronze tied on his back. The wooden part of his larger spear was like a weaver's rod. And its blade weighed about 15 pounds. The officer who carried his shield walked in front of him.

Goliath stood and shouted to the Israelite soldiers, "Why have you taken positions for battle? I am a Philistine, and you are Saul's servants! Choose a man and send him to fight me. If he can fight and kill me, we will become your servants. But if I defeat and kill him, you will become our servants." Then he said, "Today I stand and dare the army of Israel! Send one of your men to fight me!" When Saul and the Israelites heard the Philistine's words, they were very afraid.

CONTINUE READING
1ST SAMUEL 17:32-51

Parents, scan this code to access your Get Real Guide to have real conversations at home!



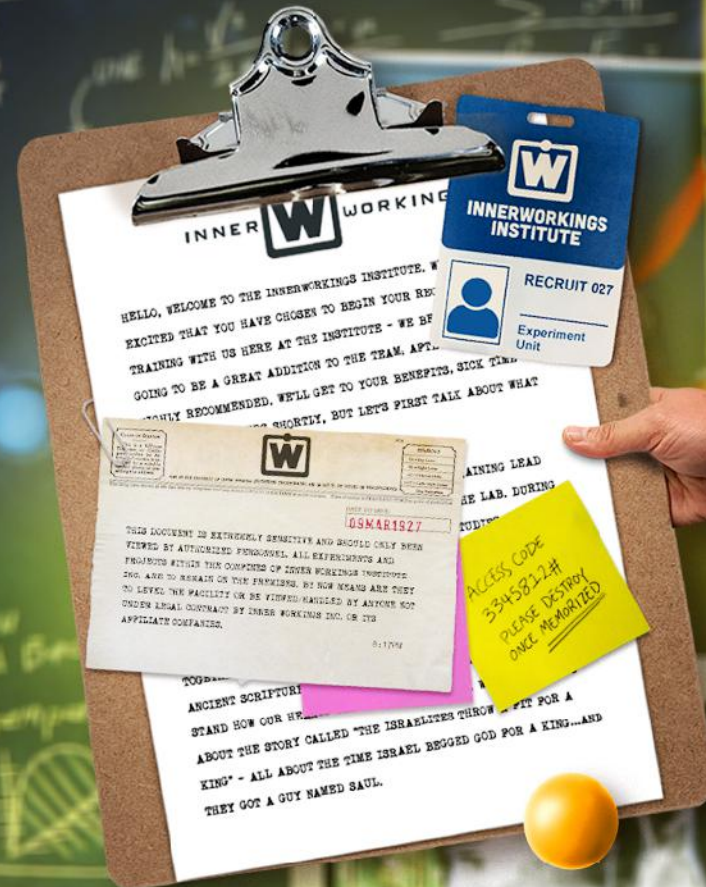
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INNER WORKINGS

EXAMINING THE CORE OF A KING'S HEART

WK3
SMALL
GROUP
H-6



CORE FILE 003

DAVID AND GOLIATH THE GIANT FROM GATH

ONE THING!

GOD USES ME WHEN I TRUST HIM.

1. There once was a giant Philistine warrior named Goliath of Gath. Goliath hated the Israelites and taunted their army to send one man to fight him. 1st Samuel 17:4-11
2. No one was brave enough to fight Goliath except for young David. He offered to fight Goliath and said that God would save him. 1st Samuel 17:32-37
3. King Saul gave David his armor, but David refused it and went to meet Goliath with his sling and some stones. 1st Samuel 17:38-40
4. Goliath sneered at how small and weak David was, but David told Goliath that it didn't matter because he was on God's side. 1st Samuel 17:41-47
5. David put a rock in his sling, swung, and hit Goliath right on the forehead, killing him. He had defeated the giant! 1st Samuel 17:48-51



ACTION POINT

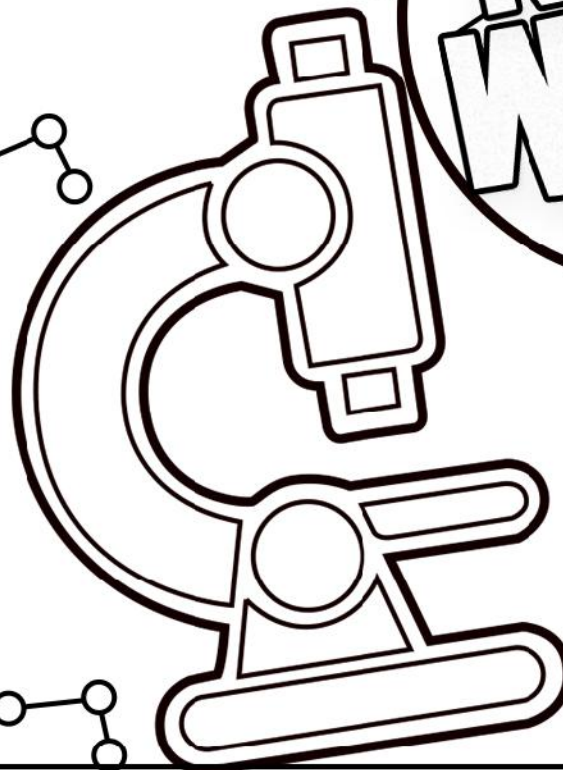
I CAN CHOOSE TO HAVE COURAGE INSTEAD OF BEING AFRAID.

get real

How will you get real about choosing to have courage instead of being afraid?



NOW? WHAT



One of the best ways to have courage when you are afraid is to ask God for help! He gives us the Holy Spirit who is always with us so we never have to be alone. Memorize Isaiah 41:13 - "I am the Lord your God. I am holding your right hand. And I tell you, 'Don't be afraid. I will help you.'" Say this out loud whenever you are feeling afraid.