



## THIS WEEK WITH SANDALS CHURCH KIDS:

Our first week of Bread looks at *Jesus and the Upside Down Life* as we tell the story of The Sermon in *Matthew 5:1-12*. While Jesus isn't actually telling us to live "upside-down," he is offering a life that is different and *better* than what the world has to offer us.

### ONE THING

*Jesus shows me the best way to live.*

We want kids to understand that living the way Jesus says to live offers them a new perspective and a better life.

### ACTION STEP

*I can choose to live Jesus' way.*

When kids choose to live in this "upside-down" way, they will discover the hope that exists in all circumstances of life.



## THE CONVERSATION

**THE STARTER:** Grown ups, share about a time you chose to live Jesus' way.

1. Can you tell me about a time you chose to live Jesus' way? What happened?
2. What do you think it means to live Jesus' way?
3. Why do you think it's important to live Jesus' way?



How will you get real this week about choosing to live Jesus' way?

## NEXT STEPS



Find this logo on the Get Real Guide and read the "Now What" Activity together. Together, make a plan on how you can put into action what your child learned today!

Let's get crazy. Grab your sibling, grown up or a friend and (with permission) draw two dots on your chin - **HINT: these dots should look like a pair of eyes**. Then, lay down on a couch, chair or bed and hang, upside-down, over the side. Take turns watching each other talk, sing, tell a joke or laugh with the upside-down face you created! In the Bible, Jesus tells us all about the upside-down Kingdom, or how we should live differently than the world and choose to live Jesus' way instead! Practice living Jesus' way this week!